



8th Annual "Run On The Wild Side" June 4th, 2011

RACE COURSE: The 5k race will start just outside of the main entrance of the Zoo at 8:00am. The participants will run/walk the perimeter of the parking lot, out of Zoo through Lafayette Park and the surrounding Riverview neighborhood. This race is an out and back measured course that will be ChampionChip Timed. The children's 1/2 mile "fun run" has two start times: ages 8-12@9:05 am and 7 & under@9:15 am.

PARKING: Parking on race day is available in the Zoo parking lot.

REGISTRATION: All 5k-registrations post marked by April 1st, 2011 will be \$25.00. The fee for registrations postmarked between April 1st and May 20th, 2011 will be \$30.00. The fee for registrations postmarked after May 20th, 2011 through race day will be \$35.00. All 1/2 mile registrations post marked by April 1st, 2011 will be \$10.00. The fee for 1/2 mile registrations postmarked after April 1st, 2011 through race day will be \$15.00. Please mail registrations to **LEE'S FRIENDS, 7400 Hampton Boulevard, Norfolk, VA 23505**. Please make all checks payable to LEE'S FRIENDS. Registration is also available on **Active.com**.

No Refunds, Exchanges or Transfers allowed.

PACKET PICK UP: Packet pick up and late registration will be held at the Zoo the morning of the event from 6:30am-7:45am. Registration for both races will close promptly at 7:45am. All chips will be assigned race day morning.

T-SHIRTS: T-shirts are guaranteed to the first 300 registrants. Extra shirts will be available on a first come, first served basis AFTER the awards ceremony ONLY.

AWARDS: The awards ceremony will start immediately after the 1/2 mile. There will be plenty of food and drink.

WALKERS: 1st Place Overall Male and Female (NO running in this division).

5k AGE GROUPS: Top three Male & Female overall and in each age group will receive an award.

Men 19 and Under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 and over.

Women 19 and Under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 and over.

1/2 MILE: The top 5 Boys and Girls in both age groups will receive an award.

RACE DIRECTORS: Race directed and managed by kalerunning.com. Please contact your race director Ann Hupp at 757-373-4174, or visit us on the web at www.kalerunning.com if you have any questions.

Name (First, MI, Last) _____ 5K Walk _____ 5K Run _____ 1/2mile _____

Address _____ City, State _____ Zip _____

Age _____ Sex _____ Phone Number _____ Email _____

Birth date _____ Personal Chip ID _____ T-Shirt size (circle one) S M L XL

I understand that a road race is a potentially hazardous activity. I should not enter the run unless I am medically able and properly trained. I agree to abide by any decision of a race official to my ability to safely complete the run. I assume all risks associated with running in the event including, but not limited to, falls, contact with other participants the effects of weather including heat and humidity, traffic conditions of the roads or trails, and all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of the acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release KaleEnterprises, the City of Norfolk, LEE'S FRIENDS, The Virginia Zoo, race officials, volunteers, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising from my participation in this event. This race is not intended for baby joggers, headphones, skates and dogs on leashes and I will abide by these guidelines.

Signature _____

Parent's Signature if under 18 yrs.

Date _____

No Refunds, Exchanges, or Transfers. Race held rain or shine.